

# March April 2019

FRIEDA ACTIVITIES You can find detailed information about each activity on our public facebook page [facebook.com/frieda4gens](https://www.facebook.com/frieda4gens) or by checking the clipboard wall next time you visit us at FRIEDA.

If you are interested in a FRIEDA activity please sign up either by stopping at FRIEDA or via email [hello@friedaforgenerations.com](mailto:hello@friedaforgenerations.com). Reservation only!

Please be aware that the social gatherings are-free but a minimum consumption of \$6 per person will be expected (\$12 during Lunch time).  
Space is limited. Please be respectful, no outside food or drinks allowed.

FRIEDA is a social start-up business with the goal to (re)connect generations.

So we've created a space where people of all ages and backgrounds can meet, eat, drink, share, learn, and create. A serene setting where everyone is treated equally: with respect and kindness.

All we ask is that you have an open mind. And treat the space, our team and each other with respect.

Discover what FRIEDA can be for you.

FRIEDA is a curated space with changing themes throughout the year. The theme for March and April is **Flower March**

*Frieda*

<p><b>Mon 4</b></p> <p><b>Pre-Office-Meditation + Breakfast</b> 7:30am-8:15am <b>Healthy Start Meditation + Breakfast</b> 9:00am-9:45am <b>Knitting</b> 2:30pm</p>	<p><b>Tue 5</b></p> <p><b>French Class 1</b> 6:00pm <b>Spanish Class 1</b> 6:00pm <b>Meditation</b> 6:30pm-7:30pm</p>	<p><b>Wed 6</b></p> <p><b>Scrabble</b> 11:00am <b>Bridge Int.</b> 2:30pm <b>Canasta Class</b> 3pm <b>Yiddish</b> 3:30pm <b>Community Art</b> 5:30pm <b>Early Dinner</b> <b>BYOB</b> 5:30pm-8:00pm <b>French Class 2</b> 6:00pm <b>Spanish Class 2</b> 6:00pm</p>	<p><b>Thu 7</b></p>	<p><b>Fri 8</b></p> <p><b>Mah Jongg Interme.</b> 2:00pm</p> <p><b>Community Art</b> 3:00pm-4:30pm</p>	<p><b>Sat 9</b></p> <p><b>Brunch</b> 9:00am - 3:00pm <b>French Conversation</b> 3:00pm</p>	<p><b>Sun 10</b></p> <p><b>Brunch</b> 9:00am -3:00pm <b>Afternoon Tea</b> 3:00pm</p>
<p><b>Mon 11</b></p> <p><b>Pre-Office-Meditation + Breakfast</b> 7:30am 8:15am <b>Meditation + Breakfast</b> 9:00am-9:45am <b>Knitting</b> 2:30pm</p> <p><b>Conversation Group</b> 3:00pm</p> <p><b>FRIEDA excursion Whitney</b> 9:00am</p>	<p><b>Tue 12</b></p> <p><b>Mah Jongg Class</b> 3:00pm <b>Greek Conversation</b> 4:30pm <b>French Class 1</b> 6:00pm <b>Spanish Class 1</b> 6:00pm <b>Meditation</b> 6:30pm-7:30pm</p>	<p><b>Wed 13</b></p> <p><b>Scrabble</b> 11:00am <b>Bridge Int.</b> 2:30pm <b>Spanish Conversation Inter.</b> 3:30pm <b>Early Dinner</b> <b>BYOB</b> 5:30pm-8:00pm <b>Book Club</b> 5:30pm <b>Drawing</b> 5:30pm <b>German</b> 6:00pm <b>Russian</b> 6:00pm <b>French Class 2</b> 6:00pm <b>Spanish Class 2</b> 6:00pm</p>	<p><b>Thu 14</b></p>	<p><b>Fri 15</b></p> <p><b>Prix fixe' Film dinner</b> 5:30pm-6:50pm <b>BYOB</b> 5:30pm-6:50pm</p> <p><b>Mah Jongg 2:00pm</b></p> <p><b>FRIEDA films</b> Back to the garden 7:00pm-9:00pm</p>	<p><b>Sat 16</b></p> <p><b>Brunch</b> 9:00am -3:00pm <b>Prix fixe' dinner</b> 5:30pm-6:50pm <b>FRIEDA films</b> Back to the garden 7:00pm-9:00pm</p>	<p><b>Sun 17</b></p> <p><b>Brunch</b> 9:00am -3:00pm <b>Afternoon Tea</b> 3:00pm</p>
<p><b>Mon 18</b></p> <p><b>Pre-Office-Meditation + Breakfast</b> 7:30am-8:15am <b>Healthy Start Meditation + Breakfast</b> 9:00am-9:45am <b>Knitting</b> 2:30pm</p>	<p><b>Tue 19</b></p> <p><b>Mah Jongg Class</b> 3:00pm <b>Greek Conversation</b> 4:30pm <b>French Class 1</b> 6:00pm <b>Spanish Class 1</b> 6:00pm <b>Meditation</b> 6:30pm-7:30pm</p>	<p><b>Wed 20</b></p> <p><b>Scrabble</b> 11:00am <b>Bridge Int.</b> 2:30pm <b>Yiddish</b> 3:30pm <b>Community Art</b> 5:30pm <b>Early Dinner</b> <b>BYOB</b> 5:30pm-8:00pm <b>Hebrew</b> 6:00pm <b>French Class 2</b> 6:00pm <b>Spanish Class 2</b> 6:00pm</p>	<p><b>Thu 21</b></p>	<p><b>Fri 22</b></p> <p><b>Mah Jongg Interme.</b> 2:00pm</p> <p><b>Community Art</b> 3:00pm-4:30pm</p>	<p><b>Sat 23</b></p> <p><b>Brunch</b> 9:00am - 3:00pm <b>French Conversation</b> 3:00pm <b>Knitting Class</b> 2:30pm</p>	<p><b>Sun 24</b></p> <p><b>Brunch</b> 9:00am -1:00pm <b>Hat+ Fascinator Workshop</b> 3:30pm <b>Mad Hatter Tea Party</b> 4:00pm</p>
<p><b>Mon 25</b></p> <p><b>Pre-Office-Meditation + Breakfast</b> 7:30am-8:15am <b>Healthy Start Meditation + Breakfast</b> 9:00am-9:45am <b>Knitting</b> 2:30pm</p>	<p><b>Tue 26</b></p> <p><b>Mah Jongg Class</b> 3:00pm <b>Meditation</b> 6:30pm-7:30pm</p>	<p><b>Wed 27</b></p> <p><b>Scrabble</b> 11:00am <b>Bridge Int.</b> 2:30pm <b>Spanish Conversation Inter.</b> 3:30pm <b>Early Dinner</b> <b>BYOB</b> 5:30pm-8:00pm <b>Drawing</b> 5:30pm <b>German Conversation</b> 6:00pm</p>	<p><b>Thu 28</b></p> <p><b>Concert &amp; Supper</b> 6:30pm</p>	<p><b>Fri 29</b></p> <p><b>Mah Jongg Interme.</b> 2:00pm</p>	<p><b>Sat 30</b></p> <p><b>Brunch</b> 9:00am - 3:00pm <b>French Conversation</b> 3:00pm <b>Knitting Class</b> 2:30pm</p>	<p><b>Sun 31</b></p> <p><b>Brunch</b> 9:00am -3:00pm <b>Afternoon Tea</b> 3:00pm <b>FRIEDA excursion Met</b> 9:00am</p>
<p><b>Mon 1 April</b></p> <p><b>Knitting</b> 2:30pm</p>	<p><b>Tue 2</b></p> <p><b>Mah Jongg Class</b> 3:00pm</p>	<p><b>Wed 3</b></p> <p><b>Scrabble</b> 11:00am <b>Bridge Int.</b> 2:30pm <b>Yiddish</b> 3:30pm <b>Community Art</b> 5:30pm <b>Early Dinner</b> <b>BYOB</b> 5:30pm-8:00pm</p>	<p><b>Thu 4</b></p>	<p><b>Fri 5</b></p> <p><b>Mah Jongg Interme.</b> 2:00pm</p> <p><b>Community Art</b> 3:00pm-4:30pm</p>	<p><b>Sat 6</b></p> <p><b>Brunch</b> 9:00am - 3:00pm <b>French Conversation</b> 3:00pm <b>Knitting Class</b> 2:30pm</p>	<p><b>Sun 7</b></p> <p><b>Brunch</b> 9:00am -3:00pm <b>Afternoon Tea</b> 3:00pm</p>



Spanish Class for beginners  
**6 sessions. Start February 12**  
 Sign up by January 25  
 Commitment by February 4



Intermediate Spanish Class  
**6 sessions. Start February 13**  
 Sign up by January 25  
 Commitment by February 6



French Class for beginners  
**6 sessions. Start February 12**  
 Sign up by January 25  
 Commitment by February 4



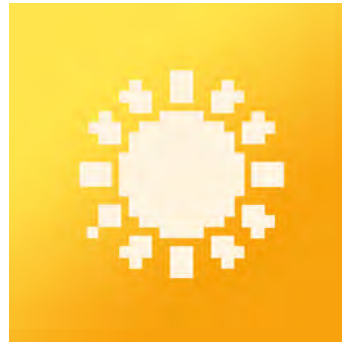
Intermediate French Class  
**6 sessions. Start February 13**  
 Sign up by January 25  
 Commitment by February 6



Intermediate Italian Class  
**6 sessions. Start February 12**  
 Sign up by January 29  
 Commitment by February 5



Mandarin Class for Beginners  
**6 sessions. Start March**  
 Sign up by February 19  
 Commitment by February 26



Intern. Spanish Conversation  
**Bi-weekly. Start February 13**  
 Sign up by January 30  
 Commitment by February 8



Intern. French Conversation  
**Weekly. Start January 19**  
 Sign up by January 12  
 Commitment by January 15



Beginner/Intern. Greek Conversation  
**Bi-weekly. Start January 8**  
 Sign up by January 4  
 Commitment by January 6



Beginner/Intern. Yiddish Conversation  
**Bi-weekly. Start January 9**  
 Sign up by January 4  
 Commitment by January 6



ESL - English as a 2nd language  
**Several days/week. Start January**  
 We will put you in contact with one of our volunteers from the community.



Beginner/Intern. Russian Conversation  
**Monthly. Start January 9**  
 Sign up by January 4  
 Commitment by January 6



Beginner/Intern. German Conversation  
**Weekly. Start February 6**  
 Sign up by January 20  
 Commitment by January 24



Beginner Hebrew Conversation  
**Bi-weekly. Start March**  
 Sign up by February 20  
 Commitment by February 25

Over the last 3 years FRIEDA has become a meeting point for people of all ages and diverse social and cultural backgrounds. People (re)connect at FRIEDA in 10 different languages. We are happy to announce the upcoming language class cycles and more casual conversation group meetings. Detailed information about the classes, goals, instructors and pricing will follow in mid-January. So no commitment for now, but please let us know if you are interested in attending either via email [hello@friedafor generations.com](mailto:hello@friedafor generations.com), call 215.600.1291 or stop by FRIEDA.

This is an expression of interest only.  
 No commitment is required at this time.

**For more detailed information: [facebook.com/frieda4gens](https://facebook.com/frieda4gens)**



**FRIEDA** is a space for curious and open-minded people of all ages. **FRIEDA** (re)connects generations through curated activities at our space at 320 Walnut Street and additionally through **FRIEDA excursions** and our **Outreach Program**.

We are happy to announce **FRIEDA excursions** for early 2019!

These excursions are a great opportunity to visit art exhibits, museums, attend performances and other special events with a group of like-minded people. It is an easy way to travel and share the experience rather than do it on your own.

If you are interested in any events please let us know by the indicated date to sign up:

**email: [hello@friedaforgenerations.com](mailto:hello@friedaforgenerations.com)**  
**call 215 600 1291 or stop by FRIEDA.**

This is an expression of interest only.  
No commitment is required at this time.

Once the minimum group size is reached, we will get back to you with a detailed itinerary and total cost for the excursion. You can decide then if you want to join. Payment is required to finalize the reservations for the excursion, by the commitment date. Please note that no refund is provided, except if a replacement is found. If for any reason, the excursion needs to be canceled or rescheduled, you will receive a full refund.

We look forward to hearing back from you!  
The FRIEDA team





Monday, February 11  
Guggenheim,  
**Hilma af Klint**

When Hilma af Klint began creating radically abstract paintings in 1906, they were like nothing that had been seen before. **Roundtrip Museum Ticket, Guided tour**  
Sign up by January 21  
Commitment by January 28

**SORRY, we are FULLY booked**



Sunday, March 3  
Studio 54  
**Preview: Kiss me, Kate!**

In the constellation of musical comedy masterpieces, Kiss Me, Kate shines as perhaps Broadway's most sparkling achievement. A hilarious dash of Shakespeare's The Taming of the Shrew. With Kelli O'Hara and Will Chase  
**Roundtrip, Theater Ticket**  
Sign up by January 14  
Commitment by January 21



Monday, March 11  
Whitney Museum  
**Andy Warhol**  
**- From A to B and Back Again**

This exhibition - the first Warhol retrospective organized by a U.S. institution since 1981 - reveals new complexities of the artist we know. **Roundtrip, Museum Ticket, Guided tour**  
Sign up by February 11  
Commitment by February 18

**4 seats available**



March 23 - April 1  
Trip to Spain  
**Springtime in Andalusia**

Join us on tour along colorful landscapes, from the fertile plains of the north to the snow-capped mountains of the Sierra Nevada in the south. **Roundtrip, Museum Ticket, Guided tour**  
Sign up by January 14

**2 seats available**



Sunday, March 31  
Metropolitan Opera  
**National Council Auditions Grand Finals Concert**

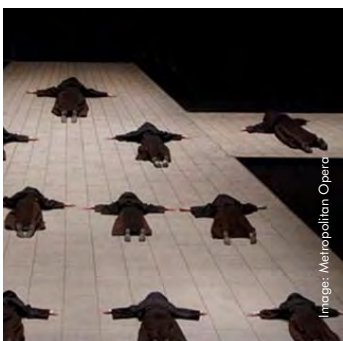
Some of today's greatest singers got their start in this National Council Auditions. They take place in 41 Districts and throughout the U.S. **Roundtrip, Concert Ticket**  
Sign up by February 17  
Commitment by February 28

**SORRY, we are FULLY booked**



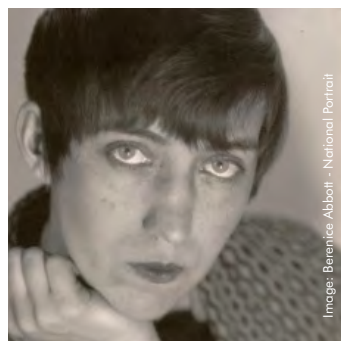
Monday, April 29  
MoMA Museum  
**The Value of Good Design**

Featuring objects from domestic furnishings and appliances to ceramics, glass, electronics, transport design, sporting goods, toys, and graphics. The exhibition also raises questions about what Good Design might mean today. **Roundtrip, Museum Ticket, Guided tour**  
Sign up by March 6  
Commitment by March 13



Sunday, May 11  
Metropolitan Opera  
**Dialogues des Carmélites**

Yannick Nézet-Séguin leads the classic John Dexter production of Poulenc's devastating story. The opera takes place between 1789 and 1794 in Paris and in the town of Compiègne in northeastern France, the site of the Carmelite nuns' convent ... **Roundtrip, Concert Ticket**  
Sign up by January 25  
Commitment by January 31



Sunday, May 20  
National Portrait Gallery  
**Eye to I: Self-Portraits from 1900 to Today**

As people are confronted each day with "selfies" via social media, this is an opportune time to reassess the significance of self-portraiture in relation to the country's history and culture. **Roundtrip, Museum Ticket**  
Sign up by March 25  
Commitment by April 1



Wednesday, June 6  
Thursday, June 7  
Storm King Art Center  
**+ Dia Beacon**

Come join us on a 2-day trip to the open-air museum Storm King Art Center with perhaps the largest collection of contemporary outdoor sculptures in the US + Dia Beacon. **Roundtrip, Museum tickets + Overnight in B&B**  
Sign up by April 1  
Commitment by April 8

**SORRY, we are FULLY booked**



Sunday, June 16  
The Joyce Theater  
**Cloud Gate 2**

This fascinating Taiwanese company returns with a hotly anticipated program of Cheng Tsung-lung's riveting and fluid choreography. **Roundtrip, Theater Ticket**  
Sign up by March 31  
Commitment by April 6

## Host **your own group activity** at **FRIEDA**

FRIEDA is a space to (re)connect.

Bridge, Canasta, Mah Jongg groups, Movie and Book clubs meet at FRIEDA on a regular basis, some weekly others once a month.

Available times:

**Monday, Tuesday, Thursday + Friday**

between 8:30-11:30am and 2:00-3:30pm

**Wednesday**

between 8:30-11:30am and 2:00-8:00pm

**Saturday-Sunday**

between 2:30pm-4:30pm

*A minimum consumption will be expected. Space is limited.  
Please be respectful, no outside food or drinks allowed.*

If you are interested in using the space for a group activity or meeting please provide the information below in an email at

**meet@friedaforgenerations.com**

- Name / Group Organizer
- Phone number
- Email address
- Date of the meeting / Frequencies
- Time of day (from/to)
- Activity / Occasion
- Number of attendees

*FRIEDA is a social start-up business with the goal to (re)connect generations.*

*It is a unique space, a blank canvas, curated, ever changing.*

*Your patronage helps us create fair-wage jobs for people of all ages - many of them retired, but still needing to work to make ends meet - as well as support our Community Outreach Program.*

*Discover what FRIEDA can be for you.*

## Host **your private event** at **FRIEDA**

FRIEDA is a space to (re)connect.

FRIEDA has hosted weddings, bridal showers, post-wedding brunches, birthday parties, fundraisers for non-profits and corporate events.

To host your own private event at FRIEDA,  
please provide the information below in an email at

**hello@friedaforgenerations.com**

- Name / Group Organizer
- Phone number
- Email address
- Date of the event
- Time of day (from/to)
- Activity / Occasion
- What is the setting?
  - Standing room cocktail
  - Buffet
  - Formal dinner set-up
  - Other
- Number of guests expected

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