

# Breakfast

Open - 11:00am



## OMELETS

with a slice of toasted brioche + FRIEDA preserve

### French Omelet

Fresh herbs, Gruyère 8.50

### American Omelet

Ham, mushroom, cheddar cheese 9.25

### Egg White Omelet

Goat cheese, cherry tomatoes, mushroom, roasted vegetables 9.25

### Frittata of the day <sup>1 3</sup>

1/8 4.25

1/4 6.75

add a salad garnish

1.50

## ADD EXTRAS

Ham 2.50 Chorizo 3.00

Smoked salmon 3.00

Hard-boiled egg 1.50

Brioche, baguette, roll 1.00

Multi-grain bread, gluten-free toast 1.50

Butter 0.50 Chutney 0.50 Jam 0.50

Extra condiments 0.50

"Good things come to those who wait" All the food is made here, fresh.



We may politely decline customization. Customization will incur additional cost.

## HEARTY

### Quiche Lorraine

Mushroom, Gruyère, eggs, caramelized onions, ham, with a house salad 10.75

### Smoked Salmon Quiche

Goat cheese, caramelized onions, eggs with a house salad 11.95

## LIGHT

### Granola <sup>1 3</sup>

FRIEDA homemade granola, Greek yogurt, seasonal fruit 5.95

### Greek Yogurt

+ Seasonal Fruit <sup>1 3</sup> 5.75

### Fresh Fruit Salad <sup>1 2</sup>

5.50 Berries only +2.00

### Tartine

2 slices of baguette, butter, FRIEDA preserve 4.75

### Prosciutto Croissant

Brie, FRIEDA chutney 5.75

### Turkey Croissant

Brie, FRIEDA chutney 5.00

### Salmon Croissant

Fresh whipped cheese, capers 5.75

## CLASSICS

### Baker's Basket (to share)

1 almond croissant, 1 pain au chocolat, 1 scone, 2 slices of toasted brioche, butter and FRIEDA jam 9.25

### Continental Breakfast <sup>1</sup>

Smoked salmon, prosciutto, Gruyère, Brie, fresh herb whipped cheese, sliced hard-boiled egg, capers. Served with 1 croissant and 2 slices of toasted brioche, butter and FRIEDA jam 12.95

### Oeuf à la Coque <sup>1</sup>

Soft-boiled egg, smoked salmon, capers, 2 slices of toasted brioche 6.95

### Le Petit Déjeuner

FRIEDA granola, Greek yogurt and seasonal fruit with 1 croissant and FRIEDA jam 7.50

### Avocado Toast <sup>2</sup>

Multi-grain bread, pesto, arugula, tomato 10.50

### Salmon Avocado Toast

Multi-grain bread, pesto, arugula, tomato 13.50

## FRIEDA (re)connecting generations

320 Walnut Street Philadelphia, PA 19106 215 600 1291 hello@friedaforgenerations.com www.friedaforgenerations.com

## VIENNOISERIES PATISSERIE

Butter croissant 2.85 Almond croissant 3.95

Pain au chocolat 3.50 Chocolate almond croissant 4.25

Mini 1.50

Sweet roll 2.95 Fruit cake 8.95

Lemon Bar 3.75 Carrot cake with icing 3.25

Brownie 2.25 Scone 2.75

Coffee cake 3.50 Apple turnover 4.25

Almond orange cake <sup>1</sup> 4.95

Flourless chocolate cake <sup>1</sup> 4.95

(whole cake) 38.00

<sup>1</sup> Gluten Free

<sup>2</sup> Vegan

<sup>3</sup> Vegetarian

Think of the next generations, be environmentally friendly Take-out container 0.50 Take-out cup 0.50



Party of 6 or more requires reservation and 20% service charge will be applied.

No outside food/drinks allowed.

# Lunch

11:30 am - 3:00 pm



## HEARTY

**Organic Chicken Pot Pie**  
Organic chicken, sweet peas, carrots, puff pastry  
13.00

**Braised Beef Short Rib** <sup>1</sup>  
Braised beef short rib, mashed potato, sherry & red wine gravy, sweet peas, carrots  
14.00

**FRIEDA Sliders**  
Braised beef short rib, gravy smoked Gouda on 2 house rolls  
*with a house salad*  
13.00

**FRIEDA Mushroom Toast** <sup>3</sup>  
House-made bread pudding, seasonal mushrooms, Mornay sauce, Gruyère 11.00

## SOUPS

**Soup of the day** <sup>1 2</sup>  
Cup 5.75 Bowl 7.25

## COMBO

**1/2 Sandwich or Wrap with cup of soup** 10.75

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## QUICHES

**1/4 Frittata of the day** <sup>1 3</sup>  
6.75  
+  
*add a house salad garnish*  
1.50

**Quiche Lorraine**  
Mushroom, Gruyère, eggs, caramelized onions, ham,  
*with a house salad*  
10.75

**Smoked Salmon Quiche**  
Goat cheese, caramelized onions, eggs  
*with a house salad*  
11.95

## WRAPS

**Vegetarian Wrap** <sup>2</sup>  
Roasted vegetables, mixed greens, hummus, cherry tomatoes, cucumber  
8.50

**Organic Curry Chicken Wrap**  
Mixed greens, cherry tomatoes, cucumber  
10.00

<sup>1</sup> Gluten Free  
<sup>2</sup> Vegan  
<sup>3</sup> Vegetarian

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Take-out cup 0.50



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## OPEN FACE TOASTS

**Avocado Toast** <sup>2</sup>  
Multi-grain bread, pesto, arugula, tomato  
10.50

**Salmon Avocado Toast**  
Multi-grain bread, pesto, arugula, tomato  
13.50

**Croque Monsieur**  
Brioche, ham, Mornay  
*with a house salad*  
12.00


## SANDWICHES

*On brioche, baguette, multi-grain bread or gluten-free toast*

**Turkey**  
Brie, Dijon mustard, FRIEDA chutney 9.00

**Tuna**  
Tarragon tuna salad, mixed baby greens, cherry tomatoes, Dijon mustard  
9.75

**Prosciutto**  
Pesto, arugula, roasted bell peppers, cherry tomatoes, prosciutto, mozzarella  
11.00

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## SALADS

**Quinoa Bowl** <sup>1 2</sup>  
Avocado, arugula, roasted pecans, cherry tomatoes, cucumber, chickpeas, House vinaigrette 12.00

**Goat Cheese + Raw Beet Salad** <sup>1 3</sup>  
Mixed greens, roasted pecans, cherry tomatoes, cucumber, House vinaigrette  
*with a roll*  
9.50

**Smoked Salmon Salad** <sup>1</sup>  
Carrots, hard-boiled egg, capers, mixed greens, cherry tomatoes, cucumber, House vinaigrette  
*with a roll*  
11.50

**Roasted Organic Chicken Salad** <sup>1</sup>  
Green beans, olives, mixed greens, cherry tomatoes, cucumber, House vinaigrette  
*with a roll*  
12.50

**Side house salad** <sup>1 2</sup>  
Mixed greens, cucumber, cherry tomatoes 3.75

## ADD EXTRAS

Organic chicken 4.00  
Smoked salmon 3.00  
Tuna 3.00  
Hard-boiled egg 1.50  
Butter 0.50 Chutney 0.50 Jam 0.50  
Extra condiments 0.50  
Brioche, baguette, roll 1.00  
Multi-grain bread, gluten-free toast 1.50

# Weekend Brunch

Open - 3:00pm



## OMELETS

with a slice of  
toasted brioche  
+ FRIEDA preserve

### French Omelet

Fresh herbs, Gruyère  
8.50

### American Omelet

Ham, mushroom,  
cheddar cheese 9.25

### Egg White Omelet

Goat cheese, cherry  
tomatoes, mushroom,  
roasted vegetables  
9.25

## + ADD EXTRAS

Side of breakfast  
potatoes 4.00

Ham 2.50  
Chorizo 3.00

Smoked salmon 3.00

Hard-boiled egg 1.50

Brioche, baguette, roll  
1.00

Multi-grain bread,  
gluten-free toast 1.50

Butter 0.50  
Chutney 0.50  
Jam 0.50

Extra condiments 0.50

## BAKED + POACHED EGGS

### Vegetarian

Roasted vegetables,  
2 poached eggs, pesto,  
2 slices toasted brioche  
9.25

### FRIEDA Mushroom Toast + 2 Poached Eggs

House-made bread  
pudding, seasonal  
mushrooms, Mornay  
sauce, Gruyère 13.00

### Breakfast Potatoes

+ 2 Poached Eggs  
Potatoes, bell peppers,  
onions 9.75

### Avocado Toast <sup>2</sup>

+ 2 Poached Eggs  
Multi-grain bread, pesto,  
arugula, tomato 13.00

### Toad's Eggs

2 poached eggs, puff  
pastry, smoked salmon,  
Morney sauce 14.00

### Mac + Cheese

with a baked egg 7.50

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customization.

Customization will incur  
additional cost.

## BRIOCHE FRENCH TOAST with butterscotch sauce

### Classic

Topped with fresh fruit  
9.50

### Apple

Caramelized apples  
cinnamon whipped  
cream 10.50

### Banana

Banana compote,  
roasted pecans 10.50

## LIGHT

### Oatmeal

Fruits, Pecan nuts  
5.00

### Granola <sup>1 3</sup>

FRIEDA homemade  
granola, Greek  
yogurt, seasonal fruit  
5.95

### Greek Yogurt

+ Seasonal Fruit <sup>1 3</sup>  
5.75

### Fresh Fruit Salad <sup>1 2</sup>

5.50  
Berries only +2.00

## CLASSICS

### Baker's Basket (to share)

1 almond croissant,  
1 pain au chocolat,  
1 scone, 2 slices of  
toasted brioche, butter  
and FRIEDA jam 9.25

### Continental Breakfast <sup>1</sup>

Smoked salmon,  
prosciutto, Gruyère,  
Brie, herb whipped  
cheese, hard-boiled  
egg, capers, with 1  
croissant and 2 slices of  
toasted brioche, butter  
and FRIEDA jam 12.95

### Le Petit Déjeuner

FRIEDA granola, Greek  
yogurt and seasonal  
fruit with 1 croissant  
and FRIEDA jam 7.50

### Oeuf à la Coque <sup>1</sup>

Soft-boiled egg, smoked  
salmon, capers, 2 slices  
of toasted brioche 6.95

Think of the next  
generations, be  
environmentally friendly  
Take-out container 0.50  
Take-out cup 0.50

<sup>1</sup> Gluten Free

<sup>2</sup> Vegan

<sup>3</sup> Vegetarian

### Croque Monsieur

Brioche, ham, Mornay  
with a house salad  
12.00

### Quiche Lorraine

Ham, mushroom,  
Gruyère, eggs,  
caramelized onions  
with a house salad  
10.75

### Smoked Salmon Quiche

Goat cheese, eggs,  
caramelized onions  
with a house salad  
11.95

### Salmon Avocado Toast

Multi-grain bread,  
pesto, arugula, tomato  
13.50

### Prosciutto Croissant

Brie, FRIEDA chutney  
5.75

### Turkey Croissant

Brie, chutney 5.00

### Salmon Croissant

Fresh herb whipped  
cheese, capers 5.75

## VIENNOISERIES PATISSERIE

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Almond croissant 3.95

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Chocolate almond croissant 4.25  
Mini 1.50

Sweet roll 2.95  
Fruit cake 8.95

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Almond orange cake <sup>1</sup> 4.95  
Flourless chocolate cake <sup>1</sup> 4.95

(whole cake) 38.00

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FRIEDA™ Weekend Brunch 11/17/17 Prices subject to change





At FRIEDA, we believe everyone's lives are richer if they connect with people of other generations.

So we've created a space where people of all ages and backgrounds can meet, eat, drink, share, learn, and create. A serene setting where everyone is treated equally: with respect and kindness.

Stop by for coffee and freshly baked pastries, like our signature almond cake. Come for breakfast or lunch made from sustainable, locally sourced ingredients. And indulge in cookies and preserves thoughtfully prepared by David, our Parisian-trained chef, and a multi-generational team from neighborhoods across the city.

Join a drawing class, social media workshop, language class, film screening, bridge club – or even start an activity of your own.

And while you're here, know that any money you spend at FRIEDA helps us create fair-wage jobs for people of all generations – many of them retired, but still needing to work to make ends meet – as well as support our Outreach Community Program.

All we ask is that you have an open mind. And treat the space, our team and each other with respect.

Discover what FRIEDA can be for you.

~~We aren't a  
coffee shop,  
bakery,  
restaurant,  
community center,  
gallery, ...~~

**(re)connecting generations**