

# Lunch

11:30 am - 3:00 pm

## WARM + HEARTY

**Organic Chicken Pie**  
Organic chicken, sweet peas, carrots, puff pastry  
12.75

**Braised Beef Short Rib**<sup>1</sup>  
Braised beef short rib, mashed potato, sherry & red wine gravy, string beans, carrots  
14.00

**Short Rib Beef Sliders**  
Braised beef short rib, gravy smoked Gouda on 2 house rolls *with a side of house salad*  
12.00

**FRIEDA Mushroom Toast**<sup>3</sup>  
House-made bread pudding, seasonal mushrooms, Mornay sauce, Gruyère  
10.00

*At FRIEDA, we believe everyone's lives are richer if they connect with people of other generations.*

*Know that your patronage helps us create fair-wage jobs for people of all ages - many of them retired, but still needing to work to make ends meet - as well as support our Community Outreach Program that aims at (re)connecting generations.*

### FRIEDA Café

320 Walnut Street  
Philadelphia, PA 19106  
215 600 1291  
hello@friedaforgenerations.com  
www.friedaforgenerations.com

## QUICHES

**1/4 Frittata of the day**<sup>1 3</sup>  
6.00  
+  
*add a house salad garnish*  
1.50

**Quiche Lorraine**  
Caramelized onions, ham, mushroom, Gruyère, eggs *with a side of house salad*  
10.00

**Smoked Salmon Quiche**  
Norwegian smoked salmon, goat cheese, caramelized onions, eggs *with a side of house salad*  
11.50

## SOUPS

**Soup of the day**<sup>1 2</sup>  
Cup Bowl  
5.75 7.25  
+  
*add a house roll*  
1.00

## COMBO

**1/2 Sandwich or Wrap with cup of soup**  
9.75

### (re)connecting generations

Tue - Fri 8:30am - 5:00pm  
Sat - Sun 9:00am - 4:30pm

## SANDWICHES

*On brioche, baguette, sandwich roll, multi-grain bread or gluten-free toast with pickled vegetables*

**Turkey**  
Turkey, Brie, Dijon mustard, FRIEDA chutney  
8.00

**Tuna**  
Tarragon tuna salad, mixed baby greens, cherry tomatoes, Dijon mustard  
8.75

**Prosciutto**  
Pesto, arugula, roasted bell peppers, prosciutto, mozzarella  
10.00

## WRAPS

**Vegetarian Wrap**<sup>2</sup>  
Roasted vegetables, mixed greens, hummus, cherry tomatoes, cucumber  
8.50

**Organic Curry Chicken Wrap**  
Organic curry chicken salad, mixed greens, cucumber, cherry tomatoes  
9.25

<sup>1</sup> Gluten Free

<sup>2</sup> Vegan

<sup>3</sup> Vegetarian

*Please be respectful, no outside food or drinks allowed.*

*Party of 6 or more requires reservation and 20% service charge will be applied.*

## SALADS

*with House white balsamic vinaigrette*

**Goat Cheese + Raw Beet Salad**<sup>1 3</sup>  
Goat cheese, raw beet, roasted pecans, mixed greens, cherry tomatoes, cucumber *with a house roll*  
9.00

**Smoked Salmon Salad**<sup>1</sup>  
Norwegian smoked salmon, hard-boiled egg, carrots, capers, mixed greens, cherry tomatoes, cucumber *with a house roll*  
10.95

**Roasted Organic Chicken Salad**<sup>1</sup>  
Organic roasted chicken, green beans, olives, mixed greens, cherry tomatoes, cucumber *with a house roll*  
12.50

**Side house salad**<sup>1 2</sup>  
Mixed greens, cucumber, cherry tomatoes  
3.75

## + ADD EXTRAS

*Organic chicken* 4.00  
*Smoked salmon* 3.00  
*Hard-boiled egg* 1.25  
*Butter Chutney Jam*  
0.50 0.50 0.50  
*Brioche, baguette, roll*  
1.00  
*Multi-grain bread, gluten-free toast*  
1.50

# Breakfast

Open - 30min before Close

## Baker's Basket (to share)

1 almond croissant, 1 pain au chocolat, 1 scone,  
2 slices of toasted brioche with butter and FRIEDA jam  
8.25

## Continental Breakfast <sup>1</sup>

Plate of Norwegian smoked salmon, prosciutto, Gruyère,  
Brie, fresh herb whipped cheese, sliced hard-boiled egg,  
capers. Served with 1 croissant and 2 slices of toasted  
brioche with butter and FRIEDA jam  
12.95

## Oeuf à la Coque <sup>1</sup>

Soft-boiled egg, smoked  
salmon, capers, 2 slices of  
toasted brioche  
6.95

## Prosciutto Croissant

Prosciutto, Brie, FRIEDA chutney  
5.75

## Turkey Croissant

Turkey, Brie, FRIEDA chutney  
5.00

## Salmon Croissant

Smoked salmon, fresh herb  
whipped cheese, capers  
5.75

## Frittata of the day <sup>1 3</sup>

1/8 3.50  
1/4 6.00  
+ add a salad garnish 1.50

## Quiche Lorraine

Caramelized onions, ham,  
mushroom, Gruyère, eggs  
with a side of house salad  
10.00

## Smoked Salmon Quiche

Norwegian smoked salmon,  
goat cheese, caramelized  
onions, eggs  
with a side of house salad  
11.50

## Le Petit Déjeuner

FRIEDA granola, Greek  
yogurt and seasonal fruit  
with a croissant and  
FRIEDA jam  
6.50

## Granola <sup>1 3</sup>

FRIEDA homemade  
granola, Greek yogurt,  
seasonal fruit  
5.00

## Greek Yogurt + Seasonal Fruit <sup>1 3</sup>

5.00

## Fresh Fruit Salad <sup>1 2</sup>

5.00

## + ADD EXTRAS

Butter Jam Lemon Curd  
0.50 0.50 0.50

Hard-boiled egg  
1.25

Brioche, baguette, roll  
1.00

Multi-grain bread,  
gluten-free toast  
1.50

<sup>1</sup> Gluten Free

<sup>2</sup> Vegan

<sup>3</sup> Vegetarian

Party of 6 or more requires  
reservation and 20% service  
charge will be applied.

## VIENNOISERIES

Butter croissant  
2.25

Almond croissant  
3.25

Pain au chocolat  
2.85

Chocolate almond  
croissant  
3.50

Sweet roll  
2.70

## PÂTISSERIE

Almond orange cake <sup>1</sup>  
4.50

Flourless chocolate cake <sup>1</sup>  
4.50

Mini carrot cake with icing  
2.75

Coffee cake  
3.25

Brownie  
3.50

Apple turnover  
4.25

Banana torsade  
2.85

Scone  
2.75

## BISCUITERIE

FRIEDA cookies  
Per piece 1.25  
Bag 7.50

## FRIEDA JAMS + CHUTNEYS

Please see our  
selection

## SUNDAY AFTERNOON TEA

Please check our calendar  
and make reservations  
48 hours in advance  
Prix fixe \$25  
BYOB

~~We aren't a  
coffee shop,  
bakery,  
restaurant,  
community center,  
gallery,...~~

FRIEDA  
(re)connecting  
generations

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FRIEDA™ Breakfast 1/1/17 Prices subject to change

Tue - Fri 8:30am - 5:00pm  
Sat - Sun 9:00am - 4:30pm

# Weekend Brunch

Open - 3:00 pm

## OMELETS

with a slice of toasted brioche and FRIEDA preserve

### French Omelet

Fresh herbs, Gruyère  
7.25

### American Omelet

Ham, mushroom,  
cheddar cheese  
8.50

### Egg White Omelet

Goat cheese,  
mushroom, cherry  
tomatoes, roasted  
vegetables  
8.50

## + ADD EXTRAS

### Side of breakfast

potatoes  
4.00

Ham 2.00 Chorizo 2.00

Smoked salmon 3.00

Hard-boiled egg 1.25

Brioche, baguette, roll  
1.00

Multi-grain bread,  
gluten-free toast  
1.50

Butter 0.50 Chutney 0.50 Jam 0.50

## BAKED + POACHED EGGS

### Vegetarian

Roasted vegetables,  
2 poached eggs, pesto,  
2 slices of toasted  
brioche  
8.50

### FRIEDA Mushroom Toast + 2 Poached Eggs

House-made bread  
pudding, seasonal  
mushrooms, Mornay  
sauce, 2 poached eggs  
12.00

### Breakfast Potatoes

+ 2 Poached Eggs  
Potatoes, bell peppers,  
onions, 2 poached eggs  
9.75

Mac + Cheese  
with a baked egg  
7.50

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drinks allowed.

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requires reservation  
and 20% service  
charge will be applied.

## BRIOCHE FRENCH TOAST with butterscotch sauce

### Classic

Topped with fresh fruit  
9.50

### Apple

Caramelized apples  
cinnamon whipped  
cream  
10.50

### Banana

Banana compote,  
roasted pecans  
10.50

## LIGHT

Oatmeal  
5.00

Granola <sup>1 3</sup>  
FRIEDA homemade  
granola, Greek  
yogurt, seasonal fruit  
5.00

Greek Yogurt  
+ Seasonal Fruit <sup>1 3</sup>  
5.00

Fresh Fruit Salad <sup>1 2</sup>  
5.00

## CLASSICS

### Baker's Basket

(to share) 1 almond  
croissant, 1 pain au  
chocolat, 1 scone,  
2 slices of toasted  
brioche with butter  
and FRIEDA jam  
8.25

### Continental Breakfast<sup>1</sup>

Smoked salmon,  
prosciutto, Gruyère,  
Brie, herb whipped  
cheese, hard-boiled  
egg, capers, with  
1 croissant and  
2 slices of toasted  
brioche with butter  
and FRIEDA jam  
12.95

### Le Petit Déjeuner

FRIEDA granola,  
Greek yogurt and  
seasonal fruit with  
a croissant and  
FRIEDA jam  
6.50

### Oeuf à la Coque<sup>1</sup>

Soft-boiled egg, smoked  
salmon, capers, 2 slices  
of toasted brioche  
6.95

### Quiche Lorraine

Caramelized onions,  
ham, mushroom,  
Gruyère, eggs with a  
side of house salad  
10.00

### Smoked Salmon Quiche

Smoked salmon, goat  
cheese, caramelized  
onions, eggs with a  
side of house salad  
11.50

### Prosciutto Croissant

Prosciutto, Brie, FRIEDA  
chutney  
5.75

### Turkey Croissant

Turkey, Brie, chutney  
5.00

### Salmon Croissant

Smoked salmon, fresh  
herb whipped cheese,  
capers  
5.75

## VIENNOISERIES PATISSERIE

Butter croissant 2.25 Almond croissant 3.25

Pain au chocolat 2.85 Chocolate almond croissant 3.50

Sweet roll 2.70 Banana torsade 2.85

Brownie 3.50 Scone 2.75

Mini carrot cake with icing 2.75

Coffee cake 3.25 Apple turnover 4.25

Almond orange cake<sup>1</sup> 4.50

Flourless chocolate cake<sup>1</sup> 4.50

<sup>1</sup> Gluten Free

<sup>2</sup> Vegan

<sup>3</sup> Vegetarian

FRIEDA™ Weekend Brunch 2/1/17 Prices subject to change

# Breakfast Catering



Our pastries are freshly baked every morning by David, our Parisian-trained chef, and a multi-generational team from neighborhoods across the city.

## VIENNOISERIES

Any order of 10 baked goods get a free jar (4oz) of FRIEDA preserves



Butter Croissant	2.25
Pain au Chocolat	2.85
Almond Croissant	3.25
Chocolate Almond Croissant	3.50
Sweet Roll	2.70
Banana Torsade	2.85
Coffee Cake	2.75
Mini Carrot Cake	2.75
Rosemary Cheddar Scone	2.50
Lemon Poppy Seed Scone	2.50

## PLATTERS



### Continental Breakfast

Platter of smoked salmon, prosciutto, Gruyère, Brie, herb whipped cream cheese, sliced hard-boiled eggs with freshly baked mini rolls, butter croissants and scones to make your own breakfast sandwiches. Served with butter, Dijon mustard, FRIEDA chutney and preserves.

Serves up to 10 people	95.00
Serves up to 20 people	125.00

### Cold Breakfast Sandwich

A selection of cold breakfast sandwiches either on a freshly baked mini roll or a butter croissant including an equal number with smoked salmon, cream cheese and capers + turkey breast, Brie chutney + prosciutto, Brie and chutney.

#### On a mini-roll

Serves up to 10 people	40.00
Serves up to 20 people	75.00

#### On a butter croissant

Serves up to 10 people	45.00
Serves up to 20 people	80.00

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## A LIGHT BREAKFAST

### Fresh Fruit Platter

A daily selection of freshly cut fruit

Serves up to 10 people

30.00

Serves up to 15 people

45.00

### Greek Yogurt

#### FRIEDA Granola

Serves up to 10 people

40.00

Serves up to 15 people

55.00

## DRINKS

\*Served with disposable cups, stirrers, cream, sugar and other sugar substitutes

### Coffee\*

Serves up to 10 people

25.00

### Tea\*

Serves up to 10 people

25.00

Juice of the Day, 16 oz  
e.g. Honey dew, apple,  
ginger

4.50

Orange juice, 16 oz

2.50

Fiji Bottled water, 16.9 oz

2.25

### TERMS + CONDITIONS

Minimum order 120.00.

Place order **before 3pm the day prior.**

Pick up or delivery available 8:00am – 9:30am.

Please order with payment either by phone or stop by FRIEDA. Free delivery between 2nd and 6th Street and Market and Spruce Street. Please inquire for delivery service in center city (delivery fee applies).

## FRIEDA

### (re)connecting generations

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